**APPROACHING THE PHYSICAL BODY OF THE ONE GOD**

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**DAY 3**

Good evening everybody!

We continue working with Grigori Grabovoi's seminar:

**The Teachings of Grigori Grabovoi About Salvation and Harmonious Development. The method of approaching the physical body of the one God.**

Last night at the end of our class we did a concentration and we marked that concentration with the words. The element of control is a deep internal self organization initially from the purity of the physical body of the one God .

We learned about the existence of such a level. Initially this level exist, in the physical body of the one God. And it is the presence of that level in physical body that provides absolute norm of all external events. First and foremost for the physical body of the one God. When a person through the method of approaching the physical body of the one God finds that same level of deep internal self organization in his own body, when a person touches or gets in contact with this pure source, the person has in the source a system of complete self restoration. And it is an instant restoration.

If we need to explain what action needs to be done, we can explain it the following way. We gave an example. Imagine that you are an actor or an actress

and you are about to be a star in a movie about God , about the physical body of God. The shooting is about to take place within minutes. And you as a professional and talented actor need to quickly learn about your character. And you need to imagine that your physical body is God's physical body. So go ahead and do it. This is what we've been doing from the first day of the seminar.

**Concentration**

From the inside of yourself find a level of light where endless love is concentrated. Endless love towards every element of the world. Endless respect towards every person. Readiness to come to the rescue of every person.

Find all those deep characteristics in yourself. The characteristics that the physical body of God is supposed to have. And it's not hard. Because we know that the physical body of God exists and that it has those characteristics.

And when you try to enter this pure source and realize that you are in the system

that is the system of an absolutely complete restoration, you might be able to feel how a very powerful flow of light starts spreading from your body into the external reality. And the power of that flow of light starts to straighten out all those deformations that existed in the external sphere.

And you begin to feel your limitless power, your limitless abilities that can implement the maintenance of control over the entire external reality.

And it is in you where that source is. The source that can instantly and

drastically turn the course of development of an event in a positive direction.

What's needed is that every person constantly creates this pressure on

external reality by way of emanating this constructively creative light. And that's it, then there will be no place in external reality where inharmonious information can get.

It's all about performing actions. But of course, based on understanding and knowledge. The strength of the concentration of this light depends on what level of your physical body you are in or what level of your physical body you realize yourself in .

And if you practice this method, and when you learn to either feel it with a part of your consciousness, realize it with a part of your consciousness, feel it with your spirit. If a person constantly with the help of his conscious perception or spirit will be present at the level of this pure source and will be realizing that he's there, gradually, that person will have no problems left in his life because this person due to the fact that he is approaching the physical body of one God,

that person cognized how physical body worked and was able to repeat it through his own physical body.

What we're talking about is not new information.  We know examples from the history of our civilization. There are cases of instant recovery or healing from serious diseases, even oncology wen people prayed next to icons or when they spoke with Saints.

For example, there are people who got amazing results quite quickly after speaking with Grigori Grabovoi.

We can say that this connection at the level of spirit with this powerful, constructively, creative light that is radiated from icons and from people that we've mentioned, at some point that contact with that light allowed people to get in contact with their own pure source. And the world would change and the state of health would change.

If you remember one story of healing described in the Bible when an ill person was brought on a stretcher to Jesus. That person was healed by the same method, by the interaction with a powerful divine light. And after that, the person got up and Jesus told him : if you want to be healthy, go and don't commit any

sins anymore.

We know that the concept of sin was introduced by people. For God the concept of sin doesn't exist. For God there is a concept of absence of true knowledge in a person.

So what did Jesus recommend to that person ? He recommended him to enter and always stay in the state when constructively creative light is constantly radiated from the person to external reality. And the entire reality is filled up with this concentration of light . And the information that can cause a disease or problematic events can never get to that person. And again, to be able to implement this method to its fullest, this is exactly how the physical material body of the one God acts.

We're gonna move on and I'd like to ask you to maintain this state for as long as you can.

It is a very natural state. You don't really need any special techniques to maintain it. And of course you shouldn't go into any trans states to maintain or to stay in that state.

Try to see that you might be getting a feeling that the World is expanding and it gets lighter and the surrounding objects are getting brighter.

And while you are in this state, if you remember about maybe some problematic

event or a person who you don't really like, you might feel that your perception of

this information has drastically changed. And that problem doesn't look that dramatic anymore, and it can be easily normalized.

The person who you didn't like now you might feel that you actually wanna help them. So this is very simplified, but you are trying to play the role of the physical body of one God with your physical body. But it isn't completely correct definition of what we are doing.

Actually, when trying to understand and feel what the state God is in when he performs his actions we're trying to copy this and we are trying to implement this for ourselves. This work when we are trying to manifest the characteristics of the physical body of the one God in our body allows us through logic discover the element of more profound attitude towards yourself. Like God does it.

This profound attitude towards His body, and we're talking about God, this more profound attitude towards himself, it actually allows God to create the entire physical reality.

This process is inmate to people as a process of identifying life.

This element is present in people so that when they think about some object of reality, if people tune in to this internal observation of their sensations, then they can get the feeling of life or sensation of life in other objects they are perceiving.

Grigori Grabovoi says that it might feel like a certain pressure of external environment on the physical body. Like an information wave. A person can diagnose the presence of life where it is. And through the same mechanism a person can create life in those areas where there has been no life. So a short time before Grigori Grabovoi gave this seminar, he performed the control to create life on Mars.

And Grigori Grabovoi says that he also got collective consciousness involved in

this process. And he made an official statement that soon, signs of life will be discovered on Mars.

And a satellite that was flying around Mars did detect the presence of some very basic plants that contain chlorophyll.

And why are we interested in this information? Because when we are able to get to this deep level of self realization, to realize the true essence of our physical body, our body starts generating impulses that organize life.

And we're also interested in being able, using those impulses to help our loved ones to restore their health. And also to be able to restore our physical body.

And so this system of logical phase of control is strongly connected to our point of view. Go ahead and do this action now! But try to stay in contact with that profound level that you are realizing.

From that level try to realize that you have an absolutely healthy physical body.

From that level, identify life in your physical body. Life in all senses of this word. Eternal life in an eternal active healthy body.  Now from that level, pereceive eternal and healthy bodies of your loved ones.

And perceive the fact that when you create this control, the external reality that is in contact with the bodies of your loved ones who you are helping begins to get straightened out and all like defects begain to get straightened out.

It's very important and try to realise that we are not just doing some training now. We are doing real work using the resources that each of us has.

And the resources that were and still are in the physical body of the one God.

Cognize real ailities that are present in your physical body. And this variant of the birth or creation of the physical reality when we use our spiritual level and our consciousness, allows us to implement multi perspective actions.

And if we are talking about selecting variants of reality creation, then when we are talking about the resurrection of people, there could be no other variants there. Only eternal life and eternal development of the person resurrected.

And when we're talking about birth of a child, it is also a level that has no variance.

The world works in such a way, that those events that have no variance,

the system of eternal development exists there initially. And in this seminar, Grigori Grabovoi speaks about the topic that plants and animals will need to gradually develop up to the intellectual level that people have.

And in this case, plants and animals get the same non variance level of development that people have.

And then how will the process of consumption of food, plants or plant based or animal based food be implemented ?

It turns out that there is a way that will be implemented in the future.

That people when eating animal or plant based foods will not actually be consuming them. And it's probably pretty hard for us to understand this now.

Grigori Grabovoi says that wild people still need food to consume. He says that

consequential level of existence of plants and animals will be used for that.

Grigori Grabovoi talks about this in his book Hairukulus where he describes interaction between a small fish and a large fish.

When the large fish eats the small fish. But the small fish doesn't die and the large fish become fooled.

Those are completely new relations of living physical objects .

Because when God created World,  He created it in such a way that there cannot be such a level in reality where world is transformed in relation to the physical body of the one God.

We know about this to an extent from the Bible. The phrase that says that God is the God of the living and not of the dead.

And that for God everybody is always alive. And it happens because God constantly controls the state of the world using the method that we are practicing now . In many fairy tales different peoples there are like this level is described indirectly.

There is a fairy tale about a magic goose and when cooking this goose and eating it, it is necessary that the bones and the feathers of the goose remain intact. And then after its meat was eaten, one put  it's feathers and bones in a certain place.

And then magic words were pronounced and the goose came to life.

And so it's meat can be used as food unlimited number of times. And the goose always remains alive.

It is a fundamental point and so Grigori Grabovoi talked about this in detail. And here he remembers an episode from a Russian fairy tale.

That fairy tale has such an element as a magic tablecloth.

And so if one says magic words, this magic tablecloth produces unlimited quantity of dishes. And then if one eats a dish or something that is on the tablecloth this dish immediately gets replenished.

And you know that episode when Jesus Christ fed 5000 people having only five breads and two fish in his hand. It is from that same level of knowledge. When there are situations where there is a lack of something .

Brothers Grimm also have a tale about a magic table that produces food.

So again we can find this in many different fairy tales from different cultures why? Because fairy tale is another way of transferring divine knowledge.

When we understand the mechanism that there cannot be a lack of anything,

when we know this mechanism, we are not afraid of anything.

We need to understand what level of development we can get through this status.

And Grigori Grabovoi says that the transformations that happen in the external reality when there are some problems or when there is a shortage of something , this happens when control decreases. Specifically the control from physical bodies of people.

And you know when people try to minimize the damage to the other living objects, it is the way of developing human consciousness, human spirit, physical body in this direction.

And as we said, if a person eats meat it is preferable that before consuming the meat people perform control to make sure that that animal is resurrected.

Based on this information, Grigori Grabovoi teaches us certain methods of control that can be used to heal from different diseases, including serious ones.

Let me just illustrate this. So as we said, if some disease exists, it means that there is a defect in the external information. And this defect is reflected not only on the state of health of that person. It also reflects in some specific events in the future.

And we can say that those areas where this defect is reflected look weake than

other areas.

And so to normalize the defect and to get the norm of physical health as a result,

we need to put in that area of future events where there are weakened informational systems. The information of macro salvation needs to be put in there. For example, that there is no explosion of nuclear reactor at some nuclear station, that there is no global disaster, global war.

With this method you can quickly restore the norm of health and the norm of events in the world.  Because we will be putting specific controlling information in that area. And the information that signifies the norm and norm also at the macro level. The person strengthens the norm and ahead of himself , in front of himself, so it's like a constant system of optimization.

One of the ways of using this method is as follows.

**Comcentration**

In the area of your perception, imagine in front of you, a sphere of the goal of control. And put in this sphere the information on implementation of objectives of macro salvation.

Do it right now, please. Especially now when we have this situation.

Put the following information: to stop any conflicts on our planet, global disaster prevention, nuclear disaster prevention, natural disasters prevention.

And once we understand that we saturated this sphere with goals of macro salvation, now you can imagine your path into eternity . It is like a road into the future.

And without analyzing but just with an impulse of perception, look and find the areas that may not be as full of light as other ones or if there is some information there. And put the sphere that has your goals of control in those areas. That could be one of them or several. And maintain the concentration observing your sensations and your state and understand that this action normalizes the state of the entire reality. As a result of normalization of external reality, the normalization of our body takes place.

Now let's take a one5 minute break and try to hold that concentration and after the break we are gonna exchange opinions.

Thank you so we continue.

We have been performing this concentration for over 90 minutes, it has been sort of a marathon.

Before we move forward I would really love to know how you've been doing and what sensations you've had. How this concentration has been going. Share your comments with me please.

Here we have a couple of questions about animal based food. Everything is very straight forward here.

Until our physical body is not developed up to the level of our spiritual body, our physical body needs certain chemicals that we get from food.

For now those people who have to consume food including animal based food,

it is necessary to support the normal function of their body. And those people cannot stop eating meat. Those people what they can do is that they can perform control to normalize the consequences of those actions.

Vegetarians don't eat meat, but they eat plants. And plants are also living things.

We have actually a global task of a global level.

To change our relationship with reality by means of our control. To have the reality that was originally designed by God. Where there is no destruction of any elements of external reality at all.

We have very good comments that during the concentration some participants felt that they are free from many problems and they had a flow of energy and they felt like really kind of light weight.

Thank you for sharing that.

And there was a very important question. If the physical body of the one God can be imagined in the image of Grigori Grabovoi.

This is a very individual thing you just make decisions based on your understanding. But today I'd like to give you the following information.

Today on the 5th of June. Actually, 18 years ago to date, Grigori Grabovoi announced that he is the second coming of Jesus Christ. And I think that all of you participating in this webinar are aware of this.

And in this statement Grigori Grabovoi emphasized that the main reason

for his statement is for people to realize the importance of the knowledge.

And that this knowledge is the knowledge that he brought into this world and is the knowledge of salvation.

Some time ago, Grigori Grabovoi's mother submitted a statement to the Vatican that Grigori Grabovoi was immaculately conceived. It is a true fact.

And in the lecture of Grigori Grabavoi that is called The Religion of Grigori Grabavoi there is a phrase that says that the Creator himself is embodied in Gregori Grabovoi.

If we analyze the information that Grigori Grabovoi gives us through his works, through his seminars, a question arises: who has access to the information like how the Creator acts, how the reality works in great detail.

It's the first time in the history of our civilization when a person shows

such a stability in terms of results of his actions.

And I mentioned that for all these years I am observing what Grigori Grabovoi does and how he does it.

For me Grigori Grabovoi is the embodiment of the phrase that Grigori Grabovoi used when he was talking about God. He said that : **God is the most human being.**To me Grigori Grabovoi is the embodiment of the most human being

that I've ever met.

**And when I need to imagine the physical body of the one God, for me it is not a problem. To me the physical body of the one God that is manifested in this World, it's the body of Grigori Grabovoi.**

But when it comes to this, everybody has freedom of will and people can choose what they want.

And we know that this choice is made at some profound level - at the level of soul, at the level of heart.

People don't usually like to anounce this kind of choice that we are talking about. They don't usually make it very public.

It just happens that today, on this date, we are finishing going over this very complex, but very important topic which is the approaching of the physical body of the one God. And so today on this day when 18 years ago this statement was made, that's why I thought that it might be OK for me to share my choice with you. And each of you can analyze and make your own choice because in this seminar by Grigori Grabovoi it is one of the most important things.

Thank you. Let's move forward.

In this seminar there is a number of key phrases that I'd like to go over.

The first one, Grigori Grabovoi says that when we look at the process of

controlling external reality, we can consider two variants of control.

What is necessary to do and what is enough to do.

So it is necessary to implement the goal of macro salvation. We understand that if we don't implement this goal, then the task of providing eternal life to everyone, well, this goal will not be steady. Meaning that we will have to be constantly doing control to have this goal implemented. And to provide harmonious development of the world is enough. To provide harmony in the world, the physical body of the one God has it at the level of reflectory action. Any action of God is always directed towards providing universal harmony.

We need to include this goal, we need to put this goal in every action of ours.

We have to work to implement universal harmony. But it turns out that if we master the method of approaching the physical body of the one God, approaching it physically and spiritually, than in many situations we can make correct decisions and perform correct actions only because we have this spiritual contact with the physical body of the one God.  And observing the actions of the physical body of the one God we can get knowledge without lengthy lengthy studies and hard work.

In fact we receive knowledge just due to the fact that we know that God has his own physical body.

And if we look at the events that the physical body of the one God creates,

we will be able to see that all these events are directly related to the physical body of the one God.

Grigori Grabovoi invites us to look at the following illustration.

If you take a ball of thread, and if you pull the thread out of the bowl and lay it around it, and if the goal is to get from a certain point of the thread to the ball

it's not the problem. You just follow the thread and get to the ball.

So the same thing is that when we implement the method of approaching the physical body of the one God. We do that with the help of some physical and informational events. And we have a very clearly set goal: to approach the physical body of the one God.

When we set this goal, regardless of where we are getting that goal from.

For example, we need to normalize our health or our events. We want to learn to act the way that God does e.t.c

Any of those path will lead us to the contact with the physical body of the one God.

And based on this understanding Grigori Grabovoi would like us to do the following control.

**Concentration**

First we need to perceive the physical body of the one God. I'm not going to draw it as a little person. I write here G from God.

This is something that we already know how to do. We've been doing it for three days. You should then imagine spheres and the number of the spheres corresponds to the number of goals.

One of the spheres is going to be our goal of macro salvation specifically in relation to the current situation in the world.

So that people could live in a peaceful world and without the fear of tomorrow.

And so that all countries to agree not to use any weapons ever. And all the

potential conflicts to be solved by negotiations. Because every person has the right to live. And no one has the right to take somebody elses life.

In the rest of the spheres you put your own goals there. And then you need to activate the process of development of those spheres towards the physical body of the one God.

With your volitional effort you need to regulate the movement of these spheres

towards the physical body of the one God.

And the more intense the control that we are doing is, the faster those spheres

approach the physical body of the one God.

As soon as these spheres touch the physical body of the one God, in your perception, we can say that the goal is implemented at the informational level.

It is a fairly simple methods. Just mechanical projection of the movement of the spheres towards the current location of the physical body of the one God.

When we implement this method of approaching the physical body of the one God from different aspects using different ways, we have a certain status of faith being born. The faith in the reality of the physical body. The reality of existence of the physical body of one God.

And then when we are absolutely sure that's how it is, we start having faith in the fact that the physical body of the one God constantly provides stability of all events.

That means that no problems either in the present or in the future can exist that could be realy dangerous for human lives.

It's great if one can meet the physical body of the one God physically.

It would be great if one could approach him and shake his hand. And have some sort of an signed agreement to work together.

This physical contact when the physical body of the one God gets in contact with the person's human physical body is very important.

But we understand that there are so many people in the world and the physical body of the one God can't meet with everyone.

That's why there is a number of ways when the contact between the physical body of the one God and human physical body takes place.

First of all this contact takes place when a person is asleep.

When the human physical body is at a very calm state the light of the physical body of the one God can interact with person's physical body.

Some people say , it is a saying that morning is wiser than evening.

It means that if there is a problem go and sleep and then in the morning your first thought could be about how to solve this problem.

When a person is asleep this contact takes place and the transfer of knowledge takes place.

And another level that this contact happens through it is the active actions of a person. When a person works a lot and does a lot of actions directed obviously towards harmony, the light of the physical body of one God gets to the person's physical body through that person's actions.

Grigori Grabovoi gives an example : when a person fullfils creative potential and it could be anything, sometimes that person needs only a few hours of sleep to feel active. Why ? Because the contact with God happens during that person's actions. And that person doesn't need to sleep for a long time to get knowledge from God.

Thank you.

If we look at the levels that can be used when you have a physical body,

for example, thinking, it turns out that the process of constructively creative thinking is the expression of absolute freedom of a person.

So that the mechanism of thinking that we all have, gives you the ability to control and receive results. Also when having physical body you can control the actions of your spirit and also when a person has physical body he can act with his soul.

If you look at your physical body in a new way, you will see what a unique tool God gave us and this unique tool is your physical body.

It turns out that the body is a versatile tool that allows the person to perform control on any events through different areas of his personality, through different areas of external reality.

Basically God gave physical body to people to have external system of analysis of their control. Basically, the body is a controlling organ.

We can prove logically that God has to have physical body.

The fact that some people have physical bodies proves the fact that God has physical body. And when we think this way, the level of faith in the fact that God has physical body, appears automatically.

To see the physical body of the one God, to imagine it, to try to understand how it acts in the world is already to have faith in it. And as soon as we have faith in the reality of the exeistence of the physical body of the one God, right away we have a channel of knowledge transfer between God and the person.

The physical body of God and the channel between the physical body of God and the physical body of person. And through this contact we start creating normalized World, we start teaching this knowledge to other people, and the world begins developing in the direction that was originally shown by God.

Here we have one comment. And I understand that this participant is not

100% sure of when we approached the physical body of the one God.

The goal of this seminar is to show everyone how to implement this method.

This seminar is not very simple. The actions that you need to perform using the information of this seminar are more over internal spiritual nature.

It it's hard to approach the physical body of the one God just through logic.

To implement this method, each of us have to work with our own personality.

In the section of the seminar where Grigori Grabovoi says that God

comes to people during their sleep, he says that for that contact to take place, person's physical body needs to be in a very calm state. This contact is the contact with a very fine, high, frequency level. It's either in the sleep or it is hard work where you need to go inside yourself.

When a person works really hard to implement a certain goal, in this state, person gets in contact with the physical body of the one God.

One of the examples is from this lecture. That there were a lot of cases during war. Let's say a soldier whose goal was to defend his motherland, and he was very focused on this goal and worked hard, even if he was shot at a lot, he wasn't hurt because he was sort of like goal oriented. Being that goal oriented gives people a direct contact with the physical body of the one God. And this contact creates absolute protection of a human physical body.

This concludes our webinar.

This material of this webinar it's something for you to deeply think about.

It doesn't give answers to all questions, but it directs towards harmonious development. When we follow the physical body of the one God and thus we receive an ability to never make any mistakes. And to actively cooperate with God in achieving his goals.

Thanks to all the participants for their active participation.

Thanks to interpreters and to the organizer for this opportunity.

We wish you all the best and I hope to see you in our next webinars.

Thank you !