**APPROACHING THE PHYSICAL BODY OF ONE GOD**

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**DAY 2**

Good evening everybody !

We are happy to see all of you and we continue our webinar. Before the webinar, we got a few questions.

The questions are amazing. And I really like when participants ask questions because I can tell by your questions how good I was able to pass on the material of the seminar. I can tel now that everything is going well, that you worked really hard and you really tried to do what I was asking you to do.

So I'm going to read the questions briefly.

The fact is that we are trying to understand how the physical body of God works. Well, the first question is, can this state be viewed as a transformed state of the physical body. For example, the state of trance. Thank you no.

But what we are learning when aproaching the physical body of one God it's something that our body already knows how to do, but in a sort of archived way or kind of potentially. We just need to realize that we can do it. But you need to use these functions when you are fully conscious.

It's like learning to swim. Our bodies know how to do this. If we look at for example infants, or even when children are not born yet, they are in a liquid.

But at some point we all have to learn to swim. And it's not difficult because we do have this function from the get go. And when a person is swimming, he isn't in some sort of trance state. It's actually the other way around. When a person is swimming, he needs to be in control of what's happening. If he gets into some trance state who is gonna be controlling the surroundings and his movements ?

Here we have almost 100% analogy.

We are learning to swim or to function in an informational reality in which we do function already.

But since we don't have our clairvoyance developed, it turns out that this functioning in informational environment is not conscious.

And to be able to control the state of the whole world, to be able to create

the events that you need with your consciousness spirit and soul, we need to be doing every action in a very active conscious state all the time.

Because if a person is in some kind of trance state nobody will be in control. And there should be somebody who controls.

So what we are learning is that we are getting all our actions to a conscious level.

And using this state we will be able to interact with the information the same way we interact within physical reality. This is where we are going.

The next question is, if such abilities of people like telepathy and the ability to

feel things that are gonna happen in the future ?

Is it something that we canattribute to the functions of our spirit?

All our structures, including consciousness, have this function of clairvoyance.

If we want to be more specific or no make things easier, we can say that the spirit works mostly at the sensitive levels.

When you sense something or feel something, this most likely happens because

The next question is : can we imagine the physical body of one God in the form of mesia or saviour, like, for example, Jesus Christ ?

This is an individual thing. But in my understanding the physical body of one God is the physical body of one God !

So I guess you would perceive some similarities in terms of appearance with some well known people. But you have to keep in the vector of your movement the idea that you were approaching the physical body of one God and not his representatives. God's envoys, of course they had some of his characteristics, but not all of them. Thank you.

Today we have a very interesting material for you because yesterday we set the base for ourselves.

Now let's remember and enter the state. And again I want to mention that it is not a trance state. It's the other way around. It's the state of amplified concentration and also you are more attentive.

Let's remember and imagine not just the light, but the human body which is the physical body of one God.

Because throughout the entire seminar, Grigori Grabovoi is telling us how the physical body of one God functions in the world. It's important for us not just to learn how God functions. *Our goal is that while trying to perceive this information, to try to feel the functioning of the physical body of one God in our body.*

Let's tune in to the fact that you are trying to understand how the physical body of one God works.

Now let's go over the last method that we went over last night at the end of our webinar again in great detail. Because the understanding of this mechanism of control is just as important as absolute understanding and knowledge of the fact that the physical body of one God is always present in the physical reality. Because when we understand the reality of what we are talking about, when we understand the fact that this really happens, due to this understanding, we get into the position where every controlling action of ours is highly effective and it has very high speed.

Let's remember the analogy that Grigori Grabovoi gave us in this seminar.

Yesterday we spoke about that example with the truck. So that truck has trailers and it is pulling those trailers. The source of the movement impulse is here.

This is the action that moves the trailers ahead. It moves them forward over a certain distance. At a certain place firstly there was the truck. And after that, as a

consequential level there is a trailer in that place. And then Grigori Grabovoi applied this picture to the process. The process of creation of physical objects by way of action of spirit of God and spirit of a person.

I see that there is a question here, and it might be that, that person is for the first time on a webinar like this. Let's just go over some basic things just to see the interconnection between different structures of a person.

(Marina writes on the table) - so, S is for Soul and G is for God. The soul gets projected to the place where the person's body is supposed to be recreated at the next moment. And by means of that projection, the carcass of the future body gets created. Then the spirit of God and the spirit of the person get united in the soul. And the united light of the spirit is interacting with the consciousness,

and the consciousness is actually a light optical system. By way of those optical element the light from the Spirit gets concentrated. And then the united light of the Consciousness and spirit and the informational carcass of the soul create the

matter of the physical body.

This is like a super simplified illustration of this process. Of course it is a way more complex. It is true. But just to get an initial understanding, we can use this. The light of spirit took part in the the creation of the matter of the physical body and through the same optical element of consciousness the spirit spread out to the environment to take part in the recreation of all elements of physical reality. Something like this. And this is where the most interesting things start.

Let's remember that episode. So the first action is the creation of the impulse of the movement. And step number two is when others systems appeared in the desired place and those systems are of consequential level.

And now please pay attention.

The same way as the driver acts in that truck, this is how our spirit acts to have the matter of our physical body appear or some object of external reality to appear.

The spirit kind of moves into the physical reality these material systems that other consequential level of the actions of spirit. This is a mechanism that God created.

This is how God's spirits acts. The entire physical reality is the consequential level of actions of God's spirit.

When we talk about this or when we read about this in the works of Grigori Grabovoi, it is very important to imagine this. Why ? Because that's the base, that's the foundation. We need to understand at profound level that our human physical body has a level that acts a moment in advance of appearance of an object in the physical reality.

Human physical body has an ability to always have a normal health, normal events as long as he can direct actions of his spirit correctly.

The norm of health and the norm of events depends on what he is ready to feel

at at the next moment of recreation of physical reality.

Is that person ready to have and to perceive a healthy body at the next moment ?

Or is here ready to understand that he has some level of disease at the next moment ? Let me give you an example.

It's like magicians, you know they have playing cards and they pull out the cards that somebody in the audience requested.

So that magician is ready to pull out the cards that people are asking for to make this show a success. And what about us? Are we ready to have our physical bodies get completely healthy the next moment? Are we ready to have the physical reality be created absolutely harmonious the next moment? This is how God acts.

His spirit always comes into manifestation only harmonious events.

Because God knows that it is possible. He created such a mechanism . All physical events are consequential level of actions of his spirit.

And people have the same potential, the same abilities. To get completely healthy the next moment, one just needs to pull the spirit to the area where

harmonious events will be manifested.

And how a person can perform such an action with their spirit if they don't know that they can do it. So now you know that.

And cognizing this ability and the same time observing how the physical body of one God does it, getting into synchronized interaction with the action of spirit

of God we can get our body completely healthy the next moment.

It is our spirit that pulls into reality this consequential level the matter of our body. But spirit manifests the state of the matter of the body in the state that we are ready for.

In religious teachings they say : everything will be given to you according to your faith. And now we can add that everything will be given to you based on your knowledge.

And it turns out that there is such a structure in physical body that recognizes

harmonious action of spirit in terms of manifesting physical objects.

This is our blood, elements of our blood. Just like we can perceive reflection of light from external objects using our vision and identify the location of those objects to make correct decisions.

And the same way our blood have the function or characteristics to recognize the

the quality of action of spirit on manifesting external objects.

And the state of the blood depends on quality characteristics of the actions of spirit.

When a person looks at some pretty landscape or nice picture, he gets positive emotions. He starts feeling good, or at least his psychological state improves.

And the same way, when a person creates his reactions, or such an action of spirit towards external reality, that are directed towards universal harmony, or even better towards universal salvation, then the state of blood gets normalized.

Because put it simply, blood sees the beauty created by that person's spirit.

And Grigori Grabovoi says that this principle is unified, so it doesn't only apply to the normalization of blood.

This method can be used to heal from any diseases. And you can also control any events with this method. We introduced to the external reality using our spirit, this system of universal salvation. You can analyze this process.

If we go back to the physical reality, how body functions in the physical world,

so the norm of health depends not only on the processes taking place inside

physical body.

So atmospheric pressure must always be present. There should be enough sunlight, there must be gravity,  that allows to balance different organs and systems inside physical body. And if for example the atmospheric pressure decreases, we know that the concentration of oxygen in blood goes down.

It is harder for lungs to work. If there isn't enough sunlight certain bodies stop producing certain chemical element.

It turns out that for body to function normally, it has to experience the pressure of the internal environment in the outward direction as well as the pressure of the external elements.

The same situation exists when it comes to the interaction of our physical body and external reality.

If a person constantly creates a high concentration of norm in external reality,

then this high concentration of the light of norm, kind of maintains this informational balance that provides the normal functions of normal function of physical organs of the physical body.

Grigori Grabavoi used a phrase here: If human spirit creates a high concentration of information in external reality, and the high concentration of light is the norm,

then the blood will not be able kind of run out of physical body.

The optimal state of the internal environment or physical body will be maintained.

Now let's do the same concentration as we did yesterday but having this understanding of the mechanism.

**Concentration :**

Perceive the physical body of one God. Try to feel how God constantly creates such an action of his spirit in external reality that provides the system of universal salvation in external reality.

And this norm, this state of norm of external reality, the next moment it performs return action on recreating healthy and eternal physical body of one God. Eternal physical body of one God is not created only by the actions of his spirit. It is also the action of the external reality that is projected in the physical body of one God. The recreation of physical body of one God happens due to those two levels.

Now I would like you to realize that your physical body is a consequence, or it's the result of an action of your spirit.

And you can assemble your physical body at any moment the way you want.

You are the one who controls your spirit. Stay in this state.

And then, create a desire or intention so that all events in external reality to be as harmonized as possible regardless of what events take place in reality.

Tune in to the fact that at every next moment you are able to change the whole World very drastically.

Feel this action of your spirit with your physical body. The light of the spirit directed inside the physical body. The light of the spirit directed to all elements of external reality.

And you are radiating peacefulness. And you want to create the norm for all people for all elements of the external reality. Only this state needs to be maintained constantly.

It can by way of the existing mechanism that we went over, maintain absolute health of your physical body. This is what Jesus Christ was talking about:

Love God, love yourselves, love others, love your enemy. Pray for those that treat you bad.

What kind of recommendations are those?

That's the only way Jesus Christ showed it 2000 years ago to provide yourself with eternal physical body and harmonious events.

And when we are trying to maintain this state while imagining or observing how the physical body of one God acts constantly, then it's easy to maintain this state for us because we know that there is a human being who does it all the time and that human being is God.

So it is possible.

And secondly, we have this source of knowledge. Our contact with the physical body of one God. The contact that we've been establishing for the second day.

And the contact that stays with you for good. You know God is the best friend who will never give you up.

So we have a question here.

If the quality of this control depends on your faith in the power of your spirit. Faith is very good. But actions are even better.

I need you not to just listen, but to do. And then you will have results.

If you just have faith, but don't do it or you don't have faith, then it might take you a while to get the result you want.

The thing is that every person has a spirit that the physical body of one God has the one we described.

And we need to not just have faith in it but we need to use it. How to use it?

Grigori Grabovoi gives us specific recommendations of how to use it.

You just need to use them and you move towards the implementation of your goals. And always keeping in mind that this process is the process of approaching the physical body of one God.

Let me take a look at your questions or your comments.

So we talked about Soul.  God created Soul. Then, along with the soul, he created human consciousness and then the soul with the help of consciousness and spirit assembled the physical body.

We have a question here about colors.

One of the participants sow different flashes of light of different colors, and the question is what those colors mean.

Grigori Grabovoi says that you can basically perceive different colors from the same position. It really depends on your angle of view, so to speak. For example most often the blue color is the color of soul. Silvery and a rose color is usually the color of spirit. Golden is the color of consciousness. But it really depends.

And also here we have I think it's a basic question, but let's spend a couple of minutes on it. Te question is : body gets assembled at every moment and it is such a complex mechanism. So why did God chose this mechanism.

I had the same question when I found out about this mechanism. Questions for God. And later I understood that it's the easiest way so that the state of physical body can be improved at any moment. Or to provide assembly of absolutely healthy body all the time.

If we have a static matter without this dynamic element, well, in static construction it is very hard to change anything. This is the problem that our medical care has. With all due respect, why does modern medical care has limitations in terms of help that they can give people ?

Because medical care tries to change things. Here in this consequential level as we know now. Yes doctors change certain things in physical body.

But in those levels that provide the assembly of physical body, not nothing is changed there. That's why body can get sick again. Because there are disruptions in the process of how physical body assembly?

If doctors would take into account this dynamic component, than doctors would be able to treat any diseases and there wouldn't be concept of untreatable diseases.

Physical body can be compared to this spot of light that is created by my flashlight. If you make it less focused , the initial form that is supposed to be there is no longer there.

We need to concentrate the light again. And then the norm is there.

This is what we were talking about. Little concentration of light in the external reality.

The functions of body organs can be disrupted. By high concentration the moment body is healthy.

And if we are talking about this spot of light it seems static. And if the light constantly shines battery doesn't die.

We can say that this spot of light can live eternally. But we understand that this static is what we see. But this spot of light is recreated at every moment by the photons that come out of the flashlight.

Full analogy with our physical body . Consciousness and spirit are eternal systems. They will never get tired to provide the assembly of the physical body. Only the person by way of having or not having certain knowledge can restrict the flow of this light or give free access to his physical body.

If a person is ready to perceive the physical body sick every moment, than he creates kind of like clouds that block the light that is coming to his physical body. And the spirit can't pull out healthy matter to the physical body.

This person is hurting himself. As soon as we get precise divine knowledge,

and also we have contact with the physical body of one God at the level of spirit.

A person stops creating obstacles for being completely healthy.

Thank you.

So now let's practice.

**Concentration**

Firstly, that constructively creative spirit that we are talking about, the spirit that organizes our physical reality and our physical body it's so present in the projection of heart, like right in front of heart.

I'd like you to concentrate on that area. The area where your heart is actually on the surface of your chest where the projection of your heart is.

Here we need to fix for ourselves a point of our organizing spirit. The spirit that organizes reality. Grigori Grabovoi says that there are also fractions of spirit such as a cognizing spirits, spirits that enjoys. Now we just make a note for ourselves that we need to get in contact with that fraction of spirit, with the spirit of ours that organizes reality.

And it's very important that information of all elements of physical reality, even those ones that are far away from us, the knowledge is in that fraction spirit. When we try to perceive a phenomenon that really exists and we try to perceive where it is present, even if for now we don't have the ability to see or to feel that structure, we still get in direct contact with that structure.

And by way of imagination, we can use that structure to implement certain actions. So we just imagine that from the level of our heart a powerful flow of light comes out. It is the spirit that organizes our physical reality. By way of our imagination we got in contact with a structure that really exists.

Which is our spirit that organizes reality.

And then Grigori Grabovoi says recomends us to observe how this light gets into our body and creates our heart.

But this creation is not so much about creating heart as a physical organ. But as a creation of consequential structures by way of the work of heart. Consequential systems are a movement of blood that your heart pumps. So it could look this way.

The light of the Spirit gets concentrated in the area of heart. And at the same time whole our system of blood gets created. The next moment spirit creates this impulse to create heart and instantly the entire vascular system gets recreated. But the next moment elements of blood are created a little bit thransformed. What is the idea?

If we observe this from the perspective of physical processes, it seems to us that blood flows due to the fact that our heart pumps it.

In reality spirit recreates the vascular system  with new location of elements of blood.

So it turns out that we inside ourselves we have such a system as the spirit that organizes reality, the spirit that recreates right away steady future processes.

So if we understand this mechanism then, when the stamp that there is no real mechanisms in reality that would prevent our spirit to create healthy physical body or in this case, healthy vascular system.

So let's concentrate on this right now. You see how the light of organizing spirit spreads to create heart. But you don't fix your attention on the creation of the system of heart, but you observe. You see how your spirit instantly creates this consequential system of heart's work. Meaning normal vascular system with normal position of all elements of blood.

When we understand this mechanism and when we imagine it, and also when we understand that this is exactly the same mechanism that takes place in a healthy physical body of God, we realize that there are no real reasons now to be problems with our vascular system. This way we can heal instantly any blood diseases.

Thank you.

So we have a question here : if we can clean blood from vaccine.

I think yes we can. If we observe the work of our spirit and if we are ready to have absolutely healthy physical body the next moment, and if we don't have any information that somebody did something to us, well, even this understanding is the foundation to provide absolute health all the time.

Here we have a question if we can use this method to help other people.

Another question asks us if we can use this method to help other people.

When we talk about helping other people using Gregory Grabovoi's methods it is a process of teaching those people like we can't really treat them, but we can teach them.

Logically it is understandable, but who can provide eternal uninterrupted work of this mechanism? Only a person himself ! And the person needs to realize that this is how the spirit works.

He needs to be ready to be able to assemble his physical body absolutely healthy the next moment.

Our spirit can't be working eternally instead of the spirit of that person.

But having imagined exactly the same controlling construction in the area of heart of that other person, we can create this kind of training concentration that will be understandable for the spirit of that person.

Our consciousness and our spirit work in such a way and actualy our soul as well, that they can pass and they can perceive knowledge at the informational level.

And that's why when we perform a concentration like this kind of concentration

when we're helping some other person, than a transfer of knowledge takes place.

Transfer of knowledge to the spirit of that person. And then it will depend on

that person if he really wants to get healthy. And as long as he doesn't have kind of steady understanding that he is let's say, his disease cannot be treated,

if he accepts the idea that he can get healthy, then your work will be very effective and you can help any person. But the result will depend on his spirit and his consciousness .

Your are spirit and your consciousness can't be working instead of that person's spirit and consciousness.

That is why Grigori Grabovoi says that his knowledge needs to be spread as widely and as quickly as possible throughout the whole world for the salvation of all. Well, when all people realize this and they get actively involved in this process, in the process of such development. Thank you !

There was a comment that one of the participants got to feel that impulse that light really well.

We can use this mechanism to work with different organs, different systems of our body . And during the concentration we need to observe our state and our sensations. It's very important. Because when you start feeling something during control, psychologically, you have an understanding that something really takes place.

And your readiness to perceive either the body that got healthier or budget that is completely healthy, at the next moment, like this readiness we will only get stronger . But the presence of sensations or their absence is actually not the criterion, the quality of your work.

A very efficient work can take place without any sensations because when we activate this process we work with a real system.

And the next point when we detect the result is your readiness to receive your absolutely healthy body the next moment. Your spirit has this technology to load a card that you need the next moment for everyone to see. First of all for you to see.

But for your spirit to be able to do it you need to know about it. You need to do everything in your power to make sure your spirit works that way it needs to without interruptions.

There is a good question about instant healing.

So first of all, for instant healing to take place, you need to be ready for it.

Just like healing of people happens when they visit some sacred places or

sacred icons.

For example, something was hurting. And the next moment it's not. It is real. I saw it with myself and with my close friends. Even if it takes not one second, but five minutes, I think that's still instant healing. When for example, the state of that person almost prompts you to call an ambulance, but the change of the position of self perception changes the state of that person in such a way that there are no traces of the condition that they were in 5 minutes ago.

So those things were so interesting to me because I'm a medical doctor.

I really want to climb a mountain and to yell about this to all doctors in the world so that their point of view to change.

For a doctor to see those kind of things is amazing. Let's go over one more technology today.

**Concentration**

Grigori Grabovoi says that every person has a choice. A person can follow the path that God set. And then that person won't have any problems in their life. Neither with his health nor with his events.

Or a person can at some point, get off that that path to explore, to explore reality. Then, in this case, that person will need to restore himself afterwards.

Grigori Grabovoi uses an example. If, let's say we are talking about a tumor like processes.

If we look at the picture of external reality, in relation to a person that

has a tumor, then we see that the external picture of physical reality becomes kind of unbalanced. And the external world seems to push through at one of the points. And not necessarily at the point related to the tumor.

But still somewhere there is a replacement of structure taking place.

Some of foreign medium appears. Obviously that information that is manifested in the form of tumor cells, this information got to the body from somewhere. Basically this is what we've been talking about.

For physical body to be healthy, external environment needs to have certain volume of concentrated light. A certain density of concentrated light.

And if for some reason, at some area, the strength of this concentration decreases, then external environment in that area kind of creates a defect.

Kind of gets pushed through. And this is reflected in some organ of the physical body. And it doesn't have to be a tumor. The same thing applies to other diseases. It is applicable to normalizing a situation where there is external influence. And the control element in this case is a deep internal self organization. Initially from the purity of one God.

The state where there can be no question of tumor there. Everything is balanced there and everything is very compensated.

After this web, this class, you need to repeat those phrases to yourself. And try to feel the state that arises when you realize those terms.

So again, the control element in those cases is a deep internal self organization initialy from the purity of one physical body of God.

You need to try by means of the contact with the physical body of God.

The contact that we've been establishing for two days by way of feeling of the internal state of the physical body of one God.

Try to copy or project inside your physical body that status of absolute purity of thoughts and knowledge of the physical body of one God.

Try to feel the essence of the attitude of the physical body of one God towards all the elements of external reality.

Try to feel it now. Try to feel yourself as God the creator of the whole world .

How would you treat every molecule that you created.

And when a person gets in touch with this, with such a pure source, when you perceive God inside you, you get in touch with your own pure source.

And in this source you have a system of absolutely full self healing.

It is instantaneous.

In those situations it's not clear why tumor disappears without a trace.

Even a big tumor disappears without a trace. And it's not clear why. And when we say not clear, meaning from the perspective of regular people. Or as a result of some external event of some serious external influence, problem happens.

When you have this type of self realization, external source can disappear in such a way that there are no more problems .

And that's the result of the fact that the physical body of one God gets manifested in the human physical body.

Your goal while listening to our explanations try to locate that level.

I am really interested in finding out if you were able to do that.

And we actually had a comment here that it was a very pleasant interaction and it was like magic. Thank you, that's great.

This internal self realization is the foundation for healing from any disease. We have a question in the chat about if we can use this to restore vision.

There are no limitations here.

One more comment. One of the participants says that he feels like he swam in a pure water and he felt happy.

In another comment a participant thanks for such simple explanation of such a complex topic.

Thank you for your hard work and for trying hard to follow us.

That's it for today.

You know we are gonna meet tomorrow.

So please send your comments to the organizer and this way I'll get them by tomorrow.

Thank you all see you tomorrow.