**PRACTICE OF MATERIALIZATION**

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Hello everybody !

We continue working with the topic of Materialization or the phenomenon of materialization in the Teachings of Grigori Grabovoi.

This webinar is based on Grigori Grabovoi's book The Practice of Control the Way of Salvation - volume 2 . This is the volume where Grigori Grabovoi's results of control are published. Specifically, when using this mechanism, the mechanism of materialization of different objects.

You should have parts of this book. But if you don't, let us know and the organizer will get them for you.

Because working with the description of control related to materialization,

allows the person to get into a certain area of information where this practical result is basically recorded.

Well, we can also say that this area contains the knowledge that allows a person to get the same result by way of his own actions. To be able to use the methods of materialization effectively, you definitely want to work with, Grigori Grabovoi's book : Resurrection and eternal life from now on is our reality" , because this is a book that gives the fundamental concepts of the way the world works.

And when we say the methods of materialization, it's very important here to have a stable and correct understanding of the mechanism for creation of every event.

So about 80% of our webinar is going to be practice. But to manifest in ourselves a certain controlling state we need to summarize the information about control that we know. We are gonna try not to take too much time.

The thing is that the phenomenon of materialization is the most natural, the most common phenomenon of our lives. When we're talking about how events developed from the present into the future, we know from the Teachings of Grigori Grabavoi that every moment our physical body and the entire physical reality are recreated in you. So we can say that every moment the material objects around us and ourselves are materialized.

I know the presence of the physical objects and the presence of us in the physical reality it is the phenomenon of materialization.

Our consciousness takes a part in this process. And this function of our consciousness is one of the most important functions.

We know that consciousness is a structure that unites physical structures and spiritual ones. Simply put, consciousness transfers informational level where next events are recorded into the physical world in the form of a physical event.

And it turns out that since our consciousness has been doing materialization

throughout our whole life, it turns out that to implement this process consciously and systemically, whenever we need it, is not hard. We know how to do this. Our consciousness knows how to do this.

So how come people don't use this if they know how to do it.

And here we have some nuances or subtleties that we are gonna talk about in detail. And based on that, we will see how to perform control to get results.

We know that Grigori Grabovoi says that consciousness perceives whatever exists in consciousness as reality. So let me add one more element to this scheme. We talked about this during our webinar.

This is creating area of information. And we talked about the fact that this is where informational model of events is created, and the interaction of every person's consciousness and the collective consciousness with this area

results in the fact that every moment the next event gets put together.

And to have all the events that we need in that next moment, for example, healthy organs, or maybe certain things, objects that we don't want to lose,

the events that we would like to happen they also get materialized. To have everything we need manifested in that moment our consciousness when interacting with this creating area, it has to get into the picture of our event all necessary components of this next event of ours.

So there is the only way and it is a natural way. It's when a person knows that everything he needs, he has it.

It's actually not even the person but his consciousness. That his consciousness gets everything he needs.

If consciousness knows then this event manifests in the physical reality.

So let me complicate this a bit. Even, for example when a person works, he wants to buy something and for that, that person does regular things. Things that he is used to like he goes to a store. So he finds what he needs and then he pays for it.

Anyway, the next event, when this person has this object, this event,

gets materialized in his consciousness anyway.

And, from the viewpoint of a technological approach to event creation, this person has this object in a physical reality, because the consciousness knows that this person bought this object.

This action is clear to consciousness. Consciousness understands that he has this thing because he bough it.

Technologically, our consciousness doesn't care if that person bought that thing or if consciousness assembles, or creates this thing because the person really wants it and he believes that he can get it by way of materialization.

Can you imagine this? I hope everybody understands what I'm trying to say.

So to get the result through materialization a person needs to have in his consciousness such knowledge that any thought can be materialized by his consciousness in the form of event.

And this knowledge has to be very stable. Because those projects of personal events that the consciousness creates, they also interact with other creating area of information. And if consciousness knows that this result can be obtained through materialization, then this person gets the result.

So basically it turns out that for a person to get any objects, including food,

through materialization, he needs to learn to create a special impulse.

And using this impulse he can bring into his consciousness the information that he needs into the creating area of information.

So to get results, we need to realize that this mechanism first of all, it is our reality, this is how we live. And also that we can consciously, participate in this mechanism. And using our consciousness we can introduce any constructively creative objects or we can say positive phenomena or objects directly from our consciousness into the material world.

Grigori Grabavoi discovered and proved that there is a mechanism of information transfer from informational to material world by way of a specific action of our consciousness.

This process of introducing the information we need into our consciousness

can be compared with, for example, an event when we need to restore a broken vase. Or maybe like a window, like some mosaic window. For example, a piece of that mosaic felt out but we need to restore the integrity of this whole thing.

What do we do ? For example, we can put glue on the edges of that piece and insert that piece back into that mosaic. How are we going to be doing this?

First of all calmly, without stress. If our hands are shaking, if we are worried, or if we push harder than we need to, that piece can fall out on the opposite side.

It's very important that all of you feel this state.

You're calm, your actions are precise and you are carreful. You are pushing but not too hard, but still hard enough. This action has to be very accurate.

And for that piece to be securely placed there, or to make sure it is fixed there we might have to hold it for some time with our hands.

And maybe you will have to hold it for some time.

You might have to hold it continuously, but after a while, maybe if you are seeing that it's kind of OK, you can start doing something else.

But every once in a while, we just check on that area , so we kind of just making sure that everything is OK there. And then if it is a window, we can use it.

We can open it, we can close it without worrying that something is gonna happen to it.

So what I've talked about now from the point of view of the state that we need to maintain during materialization it's very similar.

When we perform control to have a certain object, that we created at the level of information, to have that object, a transition to a physical object, we need to perform actions not physically, but by way of our thinking.

But our state is gonna be very similar to the state that I've talked about.

Do you know why do I hold webinars on materialization ? Because this phenomenon to me I can say is something usual. I use this method all the time when I do control on any tasks.

If for example, I understand that events are developing and I realized that

some element, the element that I need is missing, and it doesn't matter if it's a problem with a certain part of the physical body or, for example an event that I need is not happening, I do a very subtle volitional movement, a volitional effort

and I introduce to that area, the area where the information that I need is missing, I introduce an image of an event or phenomenon that I need manifested.

And since I do it all the time, I feel almost at the physical level, how the information that I need kind of gets into the information of my next events.

And then, for a while, kind of in the background I monitorize this information of how this information stabilizes in my consciousness.

And then after some time I get a very natural realization that this event will definitely happen. And only after getting this stable internal realization I can then do something else and not think about this task.

And when I get my control up to that level the event happens in physical reality for sure. There is a difference between different events in terms of the duration of the first concentration, the strength of the concentration that I create, in duration of observation this information, well, there is a difference, but in any case, obtaining a result happens systemically. And sometimes I start control,

and there is a delay in terms of getting a result and a question pops up in my mind, OK, what's going on whether it's a delay ? And, on top of this I also do

concentrations on numeric sequences, and I use Grigori Grabavoi's methods.

Because Grigori Grabavoi's methods allow to perform actions more precisely and to concentrate more precisely.

But sometimes because I've been doing this training on Grigori Grabavoi's methods for a long time, I just create this volitional effort, the one that I've been talking about, and I understand that the information of my goal gets into the future events. And sometimes I don't even need to use other methods.

I would like the participants to understand correctly that everything that I've talked about is about practical side of materialization.

And so I hope that during my explanations you tried to capture that controlling state.

So when we are talking about materialization first of all, we need to be

paying attention to the presence of this controlling state because the next methods are about visualization controlling constructions according to the methods of Grigori Grabavoi. The following actions, their effectiveness, will depend on your state.

So before we get to the practice of concentrating on controlling structures,

I'd like us to feel and get into this controlling state.

Now we are going to read the text of Grigori Grabavoi. That's his first educational work. He created this text in 1979.

And in my opinion he put a lot of information base based on his practical experience. But if we connect to it, we will be able to learn to get into controlling state quickly.

So now tune into understanding of the controlling state, and also you can have your goal. What you would like to work on today.

We are gonna be practicing right now.

So perceive in front of you an image of the object that you would like to materialize. And that could be healthy cells of your body. Or it could be some object that you lost at some point. Or maybe you want to resurrect a departed person. The mechanism of materialization of any level of objects is the same.

**First we visualize very clearly what we want. Then we introduce this into the next event. Now we concentrate on that image. And then after this volitional effort we try to realize very clearly that it is our real action in the system of general connections. It's a real action of our consciousness that allows us to introduce into this picture of the world the event that we would like to manifest in the physical reality.**

And we are going to be doing this precisely step by step as Grigori Grabavoi

describes it in his first educational material.

Now it is very important to try, if we want to learn to materialize, we shouldn't perceive this information as just some sort of theory.

We need to be doing it right away. We need to be working to get the result.

So we're gonna read the text and you try to do what Grigori Grabavoi describes

with the information of your goal. And try to observe yourself. Try to memorize the state and sensations that you are going to have during this control.

So hopefully it's clear what you need to do.

You going to implement your goal through this mechanism of materialization.

Concentrate now on your goal in front of you and listen to Grigori Grabavoi.

*"Since childhood, I've been interested in human abilities. In terms of eternal development. I would mentally pump up an effort of will to achieve the effect*

*of getting a connection with the future. Once in my childhood, through a series of thoughts, I received a method allowing to receive good information of the future.*

*In this method you need to capture at the moment of thinking the information*

*that is required for the goal of thinking. At the same time, you need to perceive*

*a good future for all events . With an effort of will you need to hold this information at chest level. Then, using the accumulated amount of information, which is geometrically at chest level, you need to develop your thinking further to achieve the goal. As a result of several such exercises, I noticed that you can repeat this method according to these rules and get the result. Moreover, the development of thinking and will on the basis of these rules, lead both to an understanding of how to create next methods and to the desired result in specific physical events. Knowledge perceived the divinity of actions which contain the entire mechanism for eternal development.*

*The very principle that it is possible to achieve the goal using such methods*

*lead to the fact that it is possible to achieve a sequence of actions for human eternity. After a few facts from which it was possible to make a conclusion that space and time are controllable, I realized that there are no restrictions on human eternity. Good informational life can be developed eternaly.*

*For that you need to do it regularly. "*

Let's take a 15 minute break. If you have any questions you can ask them in the chat and we are going to start the second part of this webinar with your questions or comments.

So we continue. There is a question. Whether how you should work with your eyes open or eyes closed?

Whatever it is comfortable for you. But it's better to learn to work with your eyes open. Because Grigori Grabavoi's methods are not methods of meditation.

They develop a high concentration of consciousness. And we need to learn to

influence any information even at high speed.

For example, we see that something is happening right before our eyes and

we might need to materialize something quickly, for example, to save a person.

So when we are talking about materialization, we also need to keep in mind that we need to train these methods for those cases when we need to save somebody.

You know that Grigori Grabavoi had cases when he materialized burned microchips of a plane and that plane didn't crash.

But if you get used to work with your eyes closed and your help is needed somewhere, it will take time for you to close your eyes and get into the right state. But you have to have a very quick instant controlling reaction. So try to do control with open eyes.

So the next question is who materializes first, cells over fetus ?

Our consciousness. When our body is missing from physical reality, we still have our consciousness, spirit and soul. So materialization of physical cells is the work of our consciousness. In connection with other events that take place, so yes, the action of our consciousness on materialization it's definitely present during that moment.

And so the next question is : how do we know where we need to place the information of the desired event? Where do we place it precisely?

One of the aspects of getting into the right area is to set your goal precisely. But if for example, you are materializing a lost object, you need to visualize it in front of you in that area that we've talked about, very clearly. You probably touched that object, and you know how it feels, and you need to visualize that too. Along with holding your goal you are constructing a structure that is described in Grigori Grabavoi's method.

Grigori Grabovoi put characteristics in his methods. The characteristics are that when we visualize what the method says, we get into that controlling area that helps us implement our tasks.

Until we learn how to get our thought into a certain area by ourselves, we use Grigori Grabovoi's methods.

The next question is how to improve the situation in Italy.

And you know, of course, that applies not only to Italy, but to many other places.

I think that if all of us perceive a very stable image of positive events in all countries in the whole world, and if we keep trying to introduce this picture of the world into the next events and we will not worry, we will not get emotional reactions when we watch TV about, you know news on TV, the thing is that our consciousness has a function that allows our thought to be absolutely protected.

So when a person has get a thought,  no information, no external information can change the form of our thought. Only we can do that. Only the person, the creator of this thought, by way of certain emotional states can kind of destabilize this thought.

Why the process of materialization is real? Why goals of material materialization are real. Because this design mechanism is created and it is a divine technology.

It works all the time.

And there isn't anything that can disrupt or slow down this technology.

And for us if we want to learn to materialize anything we need,  we just need to learn to perform precise controlling actions, maintain stable controlling state that

will allow our part of the controlling action to maintain it in the necessary level of concentration.

And if we master our precise controlling action, nobody will be able to intervene in the process of materialization of the things that we need.

The emotional destabilization that is taking place in the world now, I think that's the reason why people can't get together and get everything stabilized in the world. A very good example is Canada.

People got together with the goal to change the situation in a positive direction and they got together in their cars, in their trucks and created this kind of

train made of cars.

So in your opinion, what state are those people in? It's not only their physical actions that influence the situation, those people are united by spiritual impulse.

And the spiritual control can influence the the situation as well. Physical actions are not always necessary.

So this is about the situation in Italy and in the world.

So since we are going to be learning to create to maintain and to stay in this controlling state, let's have it as your homework.

So each of us can perform certain number of controls to materialize positive future for all people.

In one of the Russian movies, one of the characters needed to save his girlfriend from like black magic and he had to go through a wall.

So the algorithm of action that helped him do this was this :  I see the goal, believe in yourself and don't pay attention to any obstacles.

And I think that the Third Point is very important.

Very often people set a goal, they believe in themselves, but if there are certain events on the way that can be viewed as obstacles, people start paying attention to those obstacles. And their concentration and their determination decreases.

Especially when we are talking about materialization.

Here we need to try to have no doubts. And not think if is it gonna work or not.

Just go and do what you need to do? And everything will work out.

I hope you were able to feel, or perceive this controlling level.

And now let's do control on the methods that you are familiar with.

So we are going to be visualizing what Grigori Grabovoi is talking about and discuss in detail.

So here is a question: if I lost one of the earring , should I concentrate on one earring or on both earrings? The answer is: on one, the one that is lost.

And also we have a question I'm not 100% sure that I understand it, but the question is: is our vibration lower? Body vibration. Well we're not talking about body vibrations now. We are talking about the state of consciousness. About the ability of consciousness to create and hold the necessary strength of controlling concentration. Hold this concentration for as long as it's necessary to get that event materialized in physical reality in the form of an event or of an object.

Every human body is based on very powerful vibrations. Grigori Grabovoi says that the matter of the physical body is created from the level of maximum harmony and the maximum constructively creative level.

The next question is : how long do we hold this concentration? How do we know that it was effective ? The answer is :  at first you might not be able to see if your concentration was effective.

Grigori Grabovoi has an universal rule. It is that **any concentration should be done on a regular basis a few times a day**.

And all the time when you develop the practice of control those sensations they will come. You begin to feel how you enter into concentration, and how you hold it. And you feel that you can at some poin take a break from this active work. Then you will be able to tell how long you should maintain the concentration.

And another question here is : can we use this method along with a concentration on PRK 1 U device?

Well, when we are working with the PRK 1U device, we are doing the same thing.

Let me tell you a secret. When you perfprm control tasks using Grigori Grabovoi's methods you always use this algorithm.  We talked about key points of this control. To understand the basic principles of approach through materialization all controls are based on this including when you use PRK-1U.

Another interesting question here is : should we ignore obstacles if they appear?

Should we ignore them? So I think that you know this expression not to pay attention to obstacles. It doesn't literally means to ignore things. We know that there are events or people who create obstacles for us. And we take this into account. If there is a control that what we can do to neutralize those obstacles, we do it. Or in your physical action. So not to pay attention means that obstacles shouldn't distract you in terms of losing concentration on your goal.

They shouldn't disrupt your work in terms of maintaining that controlling state and not weaken your concentration, not slowed down the speed of implementation of your goal. This is what it means not to pay attention.

And another question is : should we put date and time into our goal.

So I have information from Grigori Grabovoi's lectures.

If your task has this time component that something needs to be done by a certain date or certain time then of course you need to include it in your goal.

If it's not required, then it's better not to include the date.

What if your consciousness develops faster and you can get your result faster.

And in this case you are limiting yourself because everything would happen earlier.

Another question is about putting too much pressure on reality.

You have to constantly monitor if that excessive pressure on reality is present.

And that's why today we started with the fact that your state is very important when you are doing control. On one hand, you need to be very calm, kind of not overthink about the result, but on the other hand, you need to be persistent. You need that result, it's like a relationship between people. You are trying not to push that person, for example who is trying to do something positive for themselves and for you. But on the other hand, you will be trying to

kind of control the situation without bothering that person.

When we're talking about materialization, we need to find that state somewhere in the middle. And then this position kind of somewhere in the middle is manifested by a level when you simply know, you are simply sure that

you will definitely get result. And if you stay in this state for some time, then

the event will definitely happen.

So Julia has a comment. And the comment is Grigori Grabovoi's words.

That reality needs to mature. It needs to ripe.

In our consciousness we need to have knowledge that we will definitely get the result. Harmonious informational connections will develop between this event and it will manifest for sure in the physical reality.

Because we know that Grigori Grabovoi's methods can be used only to implement positive goals. And in such a way that it doesn't interfere negatively with any other element of the world.

Thank you. Very interesting questions and comments.

And now let's do control on the methods of materialization. And we're gonna use the all knowledge that we got today. So, create your goal, what you would like to materialize.

**Method no.1**

The first method is building micro-mattter.

So, by way of imagination, we are going to be creating in our consciousness such areas of information that are the foundation of our future event. If it is a specific object or a tissue of an organ. The areas that we are going to be creating , we're going to call them micro-matter. We're going to perceive it as substance that is going to be the foundation of this material object. If we need to create an informational event, then these microelements, or micro-matter it's going to be a certain form of information. Those are going to be forms of information and they will make up the form of our event. So I'm going to read you the method and you imagine it. We go over the method and then you ask questions, or you put comments in the chat. And then we repeat this method again. When everything is clear.

**To materialize an object, we need to build micro-matter in our consciousness.**

**Isolate a remote area in your consciousness.** When I'm reading this method I'm also doing this. My consciousness, kind of shows your consciousness practical actions.  So tuning to the fact that you get information not only through words, but we also have also our spirits and our consciousness. My consciousness and my spirit are in contact with your consciousness and spirit. And I'm gonna try very hard to pass my knowledge on materialization so you go ahead and just get it.

You go ahead and just accept it.

**So isolate the remote area in your consciousness. You just imagine a certain area. You just consider this area as a remote area of your consciousness. And this area doesn't have to be like really far away from you.** You can create comfortable constructions. What's important is that you mark correctly what you are visualizing. You need to understand very clearly what this remote area of consciousness is. **You need to tune in to this remote area of consciousness.**

**Isolate it for yourself. And this remote area is going to be micro-matter**. **All other elements of reality are connected to this micro-matter**. Imagine. **But this area that you are creating, the area of micro-matter it is what the object that you are materializing is going to consist of.**

**You can imagine the micro-matter in the form of molecules. Or in the form of some micro particles, or it is some kind of substance that it is even thinner than micro particles. Maybe those are some areas of light that matter is created from. And you can have many areas of micro matter.**

And now, once you have it created, you need to perform the following action.

**You have to realize correctly normal or harmonious connections of those elements with all the elements of the world.** **When you do such visualization, you need to remember your goal and also observe yourself how you are maintaining this controlling state.** Maintain the concentration now.

And when we hold this concentration we need to realize that this is the action that we talked about today. We put into the structure of consciousness, that affects the creation of next event, all necessary information to get the result.

*So imagine that remote areas of consciousness and designate them as microelements. Realize what they are : molecules, micro particles, light.*

*And we realize that the object that we need will be materialized from these elements. And then try to realize, to understand correctly, how normal connections are created between our elements and all elements of reality.*

*And just based on this controlling construction alone we can get the result, we can materialize the object that we need. But as we said, you need to be persistent, you need to do it regularly.*

There was a question actually if it is possible to do a control just once and get the result ? Yes, it is possible. But you have to be sure that you either gave a very powerful impulse that went into realization and implementation right away, or your controlling clairvoyance is really developed and you see that all the necessary connections, all necessary conditions have been created, and you see that the result will definitely happen soon. Than, performing a control once is good.

When I do control and when I see that the process is going really well,  until the result is manifested in the physical reality, I kind of look into that level of control and every time I pay attention to that area of control. I get signs that the process is going well, at full speed. And that I will definitely get the result.

So we have a comment here. Thanks, Serena. So she saw that the microelements are connected together in the form of like a harmonica.

And everything lit up and rays of light went everywhere. An image of the object that is suppose to be materialized appeared, and she had a very strong sensation that she will get the result for sure.

Thank you.

I have a question for Spanish interpreter. While we are answering questions and comments, please you continue to maintain your concentration.

Julia says that she has a feeling that the process of control is going really well. Thank you great.

What kind of sensations do you have ? Or feelings? Do you have feeling of power, of stability? Feelings of stability? Feelings of being sure that you will get the result ? From my experience, especially when we call our control materialization, the state that I am describing is very important.

Larissa says that she has a feeling of power and confidence. This is a great result for today.

Rosa has a feeling that her chest is connected to that light image. That's good because often you're physical sensations mean that you are maintaining the control correctly.

Diana says that she has strong emotions. And it's very good, but when we are talking about materialization, we need to be careful with emotions here. Many years ago, Grigori Grabavoy recommended me to work with emotions of the following way, and this has been always helpfu because I am a very emotional person.

He said that positive emotions are a very powerful engine of controlling action.

But if you did a controlling action on that wave of positive emotion, you need then to try to go back to a regular calm state and kind of stabilize this in a powerful concentration of light that was created by your emotion.

To get the information into the future without kind of losing anything. Because if your emotion lasts too long, they can slow down your control.

And we have a comment from one of the participants that he saw lots of lights

that got together and the image of that object appeared. Perfect, thank you.

Another comment : he did the control and had a feeling that the control becomes the objects that he has as his goal. Thank you.

Diana is asking how many times per day should we concentrate? As many times as you can and as many times as you want. Over time you will get kind of a meter in your consciousness and that will kind of remind you that, ok some times I need to go back to this control.

One more comment. I'd like to read from Yelena.

She's trying to materialize strong good heart muscle in the heart.

And during this control a very strong pain went away. Great thank you, Yalena.

Thanks to all of you. Try to keep this state that you've developed today.

So tomorrow we're going to start with your comments because it's very important

to get your feedback to make sure we're doing everything right.

See you tomorrow.

Thank you bye.

Thank you.